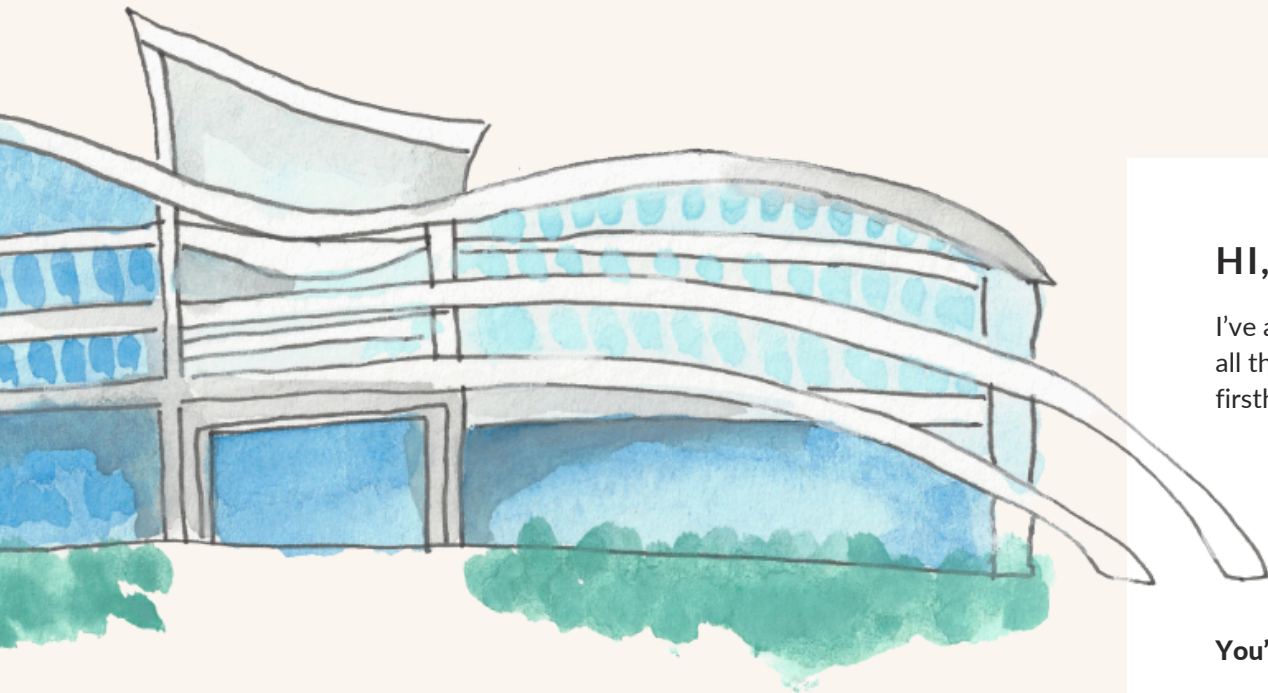


THE **Insider's** GUIDE TO

MEETING THE RIGHT PEOPLE & BEING IN THE RIGHT PLACES



HI, I'M MARISA!

I've attended every Market since October 2014, and I've learned all the tips and tricks. Now I'm ready to share them with you firsthand, with a little help from my designer pals!

High Point Market is huge — more than 13 city blocks! — so I've highlighted the best 50 showrooms to get you started. The schedule is ever-changing, but I've got you covered with a perfectly curated calendar of events.

You're on your way to navigating High Point Market like a pro!

FALL 2025

GROW YOUR BUSINESS • MAKE CONNECTIONS • BE INSPIRED



THIBAUT

Discover sophisticated wallcoverings,
fabrics, trim, furniture, and area rugs.

Historic Market Square, Suite 260
High Point, NC



Drapery and wallcovering in Torrey Pines. Chair cushions in Zeta.

SOCIAL EVENT

EDUCATIONAL EVENT

FEATURED EVENT

BREAST CANCER EVENT **DAILY | OCTOBER 24-29**

NC MOD: Mid-Century Design & North Carolina's Modern Legacy | [By Appointment](#)
@ Art Gallery at Congdon Yards | 12-5

Sarreid Ltd. Unveils One-of-a-Kind Pink Jupe Dining Table to Benefit Susan G. Komen
@ Sarreid Ltd. [C&D 3D] | 8-7 | [Donate](#) 

THURSDAY | OCTOBER 23

The Antique & Design Center is Turning 15!
@ Antique & Design Center | 9-7 | [Details](#)

Harvesting Hope: The Common Thread for the Cure 25th Anniversary Celebration
@ Wesley Allen | 5:30-7:30 | [Donate](#) 

FRIDAY | OCTOBER 24

When Design Heals: How Interior Design Shapes Health
with Ericka Saurit, Jennifer Walsh, Lori Weitzner, Mike Peterson, Andrea Keller, Jennifer Quai, Katie Decker-Erickson
@ Congdon Yards | 9-5 | [Tickets Required](#)

Art Through Visual Thinking Strategies
A Guided Tour with Kate Kuhlkin-Hornsby
@ Chelsea on Green | 1-2:30

Designing for Escape: Interiors that Transport & Photography That Captures the Feeling
with Jessica Duce, Linda Holt
@ Hooker Furnishings | 2-3

Define your Niche: Find Your Focus to Fuel Your Growth with Lori Carpenter, Gary Inman, Amber Guyton, Isabel Ladd, Ericka Saurit
@ American Leather | 3-4

FRIDAY | OCTOBER 24

Let the Games Begin – Game Night
@ Woodbridge Furniture | 4-6

The Expressive Home Book Launch
with Ray Booth
@ Hickory Chair | 4-6 | [RSVP](#)

Sherrill's 80th Anniversary Party
Hosted by Veranda with Steele Marcoux, Mr. and Mrs. Howard, Lillian August
@ SHERRILL | 5-7 | [RSVP](#) | [Details](#)

Showroom Grand Opening
@ Trica [220 Elm, 406] | 5-7 | [Details](#)

Grand Opening with Dee and Tommy Hilfiger
with Tommy Hilfiger, Dee Ocleppo Hilfiger
@ Theodore Alexander | 5-7 | [RSVP](#)

Asian Loft's 25th Anniversary Celebration
with Lieve & Steven Sonnevile
@ Asian Loft | 5:30-7 | [Details](#)

SATURDAY | OCTOBER 25

Targeting the New Generation of Affluence
with Ericka Saurit
@ Verellen | 8:30 – 9:30 | [RSVP](#)

ASID Designing Well Tour (*breakfast included*)
@ Crystorama | 8:30-5 | [RSVP](#)

Secret Sauce: What Makes a Designer Desirable
with Michel Smith Boyd, Rasheeda Gray, DuVal Reynolds
@ SHERRILL | 10-11 | [RSVP](#)

Editorial Secrets to Elevate Your Brand
with Tori Sikkema
@ Regina Andrew | 10-11 | [RSVP](#)

TL at Home: Bubbly in Bed
@ BROAD HALL CODARUS | 10-11

Market-at-Market
@ Center Stage | 10-2 (Sat-Mon)

SATURDAY | OCTOBER 25

The Grand Tour @ Chelsea on Green | 10:30-12

Finishing Touches: How the Smallest Details Create the Greatest Value
with Chandler Pibl, Susan Hayward, Jennie Bishop, Jillian Hayward Schaible, Christopher Todd
@ Eastern Accents | 11-12 | [Details](#)

AI Powers Process, Not Passion
with Beth Bender, Sarah Daniele, Tracee Murphy, LuAnn Nigara @ Feizy | 11-12

Exploring Trends with Future Snoops Tour
with Jaye Anna Mize @ IHFC Green Lobby | 11-12

Building a House with a Story
with Debbe Daley, Chris Meeken
@ Antique & Design Center | 12-1

A Miami State of Mind with Moniomi
with Monica Santayana, Ronald Alvarez
@ Hudson Valley Lighting | 12-2

Watering Hold Debut Party
@ Ngala Trading Co. | 12-2

Business Mastery: The Modern Design Leader's Strategies for Long-Term Success
with Dwayne Bergmann, Tiffany Brown, Gail Doby, Christi Spangle
@ Sarreid Ltd [C&D 3D] | 12:30-1:30 | [RSVP](#)

Scaling Smart: Hiring for Profit, Not Capacity
with Ruth Ann Janson, Melissa Lee, Erika Bonnell, Michelle Lynne @ Feizy | 1-2

Hot Spot Tour with Noel Gatts
@ The Point | 1-2:30 (meet 12:45) | [RSVP](#)

Get Seen, Get Clients: TV Features That Build Your Design Business with Mikel Welch, Rasheeda Gray, Tamara Day, Danny Seo
@ SAMS Seminar Rm | 1:30-2:30

The Rock Stars of Antique & Design Center
with Karen Luisana + ADC exhibitors
@ Antique & Design Center | 2-3

SATURDAY | OCTOBER 25

Pricing with Confidence: How Top Designers Charge What They're Worth
with Christopher Todd, Tina Ramchandani, Isabel Ladd, Erin Weir @ Fairfield | 2-3

The Power of Belief: Close the Gap in Your Growth Strategy with LuAnn Nigara, Andrea Liebross, Whitney Vredenburgh, Kate Greunke @ The Point | 2-3

Timeless Influence: The Legacy and Inspiration of Design
with Suzanne Kasler, Ray Booth, David Phoenix, Kim Scodro, Susan Hable, Beth Bender
@ Hickory Chair | 2:30-3:30 | [RSVP](#)

Exclusive First Access: Book Signing
with Mikel Welch, Tamara Day
@ SAMS Seminar Rm | 2:30-3:30

KEYNOTE SERIES: Celebrate a Decade of Design
with Amy Astley, Mel Studach
@ High Point Theatre | 3-4 | [Details](#)

Designers for Dogs: Designing with Purpose
with Thom Filicia, Rachel Winston, Katie Wozniak, John McClain @ Feizy | 3-4 | [Paws & Prosecco 4-6](#)

Afternoon Tea with Lord Spencer Debuting the Spencer Green Park Collection
with Lord Charles Spencer
@ Theodore Alexander | 3-5

Book Signing Party with Corey Damen Jenkins
@ Hancock & Moore [200 Steele, 323] | 3-6

Designing for a Luxury Mindset
with Wendy Glaister, Lori Miller, Serena Martin
@ Wesley Allen | 3:30 - 4:30 | [RSVP](#)

Infusing Personality into Today's Interiors
with Dennis Scully, Stephanie Sabbe, Katie Rosenfeld @ Woodbridge | 4-5 | [Details](#)

Equations of Design Success
with Krissa Rossbund, Dalia Soles, Brooke Stoll
@ SAMS Seminar Rm | 4-5

Celebrate a Decade of Design Book Signing
with Amy Astley @ Loloi | 5-6:30

SATURDAY | OCTOBER 25

Launch Party with Vern Yip @ Fabricut | 5-7

American Leather's Saturday Evening Social
@ American Leather | 5-10 | [Details](#)

Bernhardt Sets the Social Scene for Market
@ Bernhardt | 6-10 | [RSVP](#)

Classy Living presents GET LIT
@ Classy Art / Classy Living | 6-10

Jimmy Buffett's Coral Reefer Band LIVE
@ Center Stage | 7-9 | Buyer early entry 6:15

SUNDAY | OCTOBER 26

PinkOut High Point — WEAR PINK TODAY!
with City of Hope | All Day | [Donate](#)



WithIt Education Breakfast presented by Myriad Software: *How She Built This*
with Erin Napier, Egypt Sherrod, Jean Stoffer, Susan Hable, Laura Aldrich @ Congdon Yards [400 W English, Fl 3] | 7:30-9 | [Get Tickets](#)

Magnetic Messaging That Attracts Dream Clients
with Ericka Saurit, Dawn Brinson, Jane Dagmi
@ American Leather | 9-10

Book Signing with Vern Yip @ Fabricut | 9-11

Hot Spot Tours
with Tina Ramchandani, Rasheeda Gray
@ The Point | 9:30-11 (meet 9:15) | [RSVP](#)

Design Besties Panel Talk | [RSVP](#)
with Whitney Atkinson, Nikki Watson, Rhobin Delacruz, Lori Johnson, Laurie Laizure
@ Kas Rugs & Home [IHFC G-270] | 9:30-12

Tea Time Brunch: Celebrating the Launch of the Antiquaire Collection
with Lillian August, Eliza Weiss, Dan Weiss, Andrea Lillo, Allison Zisko
@ SHERRILL | 10-11 | [RSVP](#)

SUNDAY | OCTOBER 26

Navigating Price Changes: Mitigating Your Risk
with Beth Bender, Ruth Ann Janson
@ Antique & Design Center | 10-11

Design Sprint: Empty Rooms to Inspiring Spaces
with Amber Lewis, Kathy Kuo, Carisha Swanson
@ Four Hands | 10-11

Client Expectations are Evolving: Are You?
with Gifty Clark-Walker, Laura Bischofberger, Yudi Kaufman, Dawn Haynie @ The Point | 10-11

Designing with Light, Finish, and Form
with Jill Cohen, Thom Filicia, Michel Smith Boyd, Kichler Lighting, Ferguson Home
@ NKBA/KBIS, Broad Hall | 10-11

How to Bill with Confidence and Clarity
with Laura Umansky @ Vanguard | 10-11 | [RSVP](#)

52 Weeks of Design LIVE
with Alexa Hampton, Jean Liu, Laura Lubin, Jess Davis @ Theodore Alexander | 10-11

Turning Creativity into Currency
with Michelle Lynne
@ Unique Loom | 10:30-11:30

Mistakes We Made So You Don't Have To: Candid Lessons from Leading Designers
with Amber Guyton, Jaque Bethke, Theresa Dorlini @ Fairfield | 11-12

Business of Being Extra: Scaling with Strategy
with Corey Damen Jenkins, LuAnn Nigara
@ Eichholtz | 11-12 | [RSVP](#)

Outsource the Overwhelm: Build a Team That Frees You to Create with Melissa Galt
@ Antique & Design Center | 12-1 | [RSVP](#)

Aroma & Ambiance: Designer's Edition
with Marie Cloud, Jane Dagmi
@ Crystorama, IHFC H241 | 12-2

How Designers Source Smarter & Make More \$
with Jessica Farnan, Lisa Gilmore, Isabel Ladd, Susan Hayward, LuAnn Nigara
@ SHERRILL (with Revolution) | 2-3 | [RSVP](#)

SUNDAY | OCTOBER 26

Strengthen Your Design Practice w/ Neuroaesthetics
with Eryn Oruncak, Jennifer Farrell, Ericka Saurit
@ The Point | 2-3

Holiday Floral Arrangements
with Randy McManus @ Villa & House | 2-3

5 Marketing Moves that Win High-End Clients
with Melissa Grove @ Vanguard | 2-3 | [RSVP](#)

AI & 3D in Design: Separating Hype from Reality
with Marco Messner, Jenna Gaidusek, Marie Cloud
@ SAMS Seminar Room | 2:30-3:30

Thriving Through the Seasons of Design Business
with Melissa Mittag, Joseph Aldrich, Traci Connell & Allison Mattison
@ Antique & Design Center | 2:30-3:30

Creating a Lighting Journey: Storytelling Through Lighting Design
with Jennifer Farrell, Christopher Grubb
@ Kalco | 4-5 | [RSVP](#) | [Details](#)

Natural Luxury: Designing for Wellness, Sustainability & Your Thriving Design Business
with Susan Hayward, Jillian Hayward Schaible
@ Universal | 4-5 | [RSVP](#)

Cocktail Party @ Kravet | 4-6

How Liberty Fabrics Lend English Sophistication to Bespoke American Interiors
with Federico Contigiani, Ann Mashburn, Alexa Hampton, Margot Shaw
@ Hickory Chair | 4-6 | [RSVP](#)

Lauren Liess Debuts New Designs
@ Taylor King | 4-7 | [Details](#)

CODARUS 20th Anniversary Celebration | [RSVP](#)
@ BROAD HALL CODARUS | 4-8 | [DETAILS](#)

Mid-Autumn Tell-All with AAPIDA
with Vern Yip, Noz Nozawa, Jessica Davis, Tina Ramchandani @ Hudson Valley Lighting | 4:30-6:30

DAA Mixer and Awards Presentation
@ JH Adams Inn [1108 N Main] | 5-6:30

SUNDAY | OCTOBER 26

Pre-concert Party/Social with Interior Design Society
with Maddie Landers, Jenny Cano
@ Currey & Company | 5-6:30

The Fray LIVE @ Center Stage
7-9 | Buyer early entry 6:15

MONDAY | OCTOBER 27

Brand Partnerships in the New Design Economy
with Rasheeda Gray, Windsor Dalton, Yvonne Christensen, Nichole Speirs, Ericka Saurit
@ Regina Andrew | 10-11 | [RSVP](#)

Design, Bill, Repeat: Building a Financially Fit Studio
with LuAnn Nigara, Brooke Stoll, Dalia Soles, DuVal Reynolds @ Hooker Furnishings | 10-11

Understanding the Business Side of Branding
with Anita Yokota, Isabel Ladd, Hannah Levine, Adriana Hoyos, Sarah Lyon
@ SAMS Seminar Rm | 10:30-11:30

Patterned Harmony: Unique Loom, Fabricut and Thibaut Designs Debut at High Point Market
with Alexandre Fleuren
@ Unique Loom | 11-12 | [Details](#)

Smartphone Tips for Better Market Photos
with Linda Holt @ SAMS Seminar Rm | 1-2

Lighting for Impact and Profitability with Jessica Duce, Elizabeth Scruggs, Ericka Saurit
@ Crystorama | 1-2

Where Kitchen & Bath Design Profits Really Come From
with Sharon Sherman @ Universal | 2-3 | [RSVP](#)

Imagine Home - Digitizing Interior Design
with Staci Lantz, Patti Carpenter, Doug Diemoz
@ The Point | 2-3

Leveraging the Entrepreneurial Spirit for Your Business with Chandler Pibl, Richard T. Anuszkiewicz, Arianne Bellzaira
@ NKBA/KBIS Broad Hall | 2-3

MONDAY | OCTOBER 27

Is it Time to Invest in PR? How to Recognize Your Moment

with Wendy Glaister, Serena Martin
@ SAMS Seminar Rm | 2:30-3:30

Interior Design Community | Social Gathering

with Laurie Laizure @ Currey & Company | 3-5

Photography & Styling: The Make or Break of Your Publishing Future

with Ashley Hotham Cox
@ Universal | 4-5 | [RSVP](#)

Cocktail Party @ Leftbank Art | 4-6

WithIt Progressive Networking

@ Fairfield Chair (4:30-5:30) & SHERRILL (5:30-6:30)

TUESDAY | OCTOBER 28

Ode to Joy: Spring/Summer 2026 Trends

with Carrie Dillon, Jaye Anna Mize
@ The Point | 10-11

Creative Tactics for Attracting & Signing New Business in an Ever-Competitive Landscape

with Jamie Young, Autumn Pochiro, Emily Ruff,
Rosa Santiago Zimmerman, Nicole Kasak
@ SAMS Seminar Rm | 1-2

The Final Layer: Mastering Staging and Styling for Seamless Client Reveals

with Lina Galvão
@ SAMS Seminar Rm | 2:30-3:30

High Point Market x Elevate High Point Mixer

with Elevate HP Young Professionals
@ The Point | 5-7

PLEASE NOTE: EVENT INFO FREQUENTLY CHANGES, AND IS CURRENT AS OF DATE OF PUBLICATION

THE Cool Girl's GUIDE COLLECT THEM ALL!

Is Round Top on your bucket list? Our guide has everything you need to plan the ultimate trip.



Have you peeked **the Cool Girl's Guide to Buying Vintage**? Our first Charlotte edition dropped earlier this year — and we're just warming up.

Think your city deserves a guide? If you're obsessed with sourcing vintage and want to be the Cool Girl Ambassador for your hometown, hit us up at marisa@marisawilsoninteriors.com.

HOW MUCH of Market DO YOU SPEND SOURCING VERSUS NETWORKING, ATTENDING EVENTS, AND EXPLORING?

ARIANNE BELLIZAIRE

@ariannebellizaireinteriors



I'd say it's a solid 60/40 split. I show up with my sourcing list in hand for current projects, but I also prioritize connecting with industry friends and popping into events that inspire me creatively.

MARIE CLOUD

@indigopruitt



It's about 50% sourcing, 30% networking, and 20% exploring. Market is as much about relationships as it is about finding the right pieces, so I prioritize both.

REBECCA HAY

@rebeccahaydesigns
@resilientbydesignpodcast



I like to mix it up. I find the mornings are great for sourcing when I have more energy and focus but by the end of the day I just can't see another sofa unless I get to rest my tired feet! It's fun to socialize at lunch and in the afternoon. There are also great parties with live music at the end of the day.

NOZ NOZAWA

@noznazawa



My goal is a 50:50 split, but I end up sourcing 30-35% of the time and having too much fun catching up with folks, attending panels, and wandering for the rest of the time!

ANTIQUE + *Design* CENTER

You're Invited

Celebrating
15 YEARS!

**Join us as our doors open & the Party begins
Thursday, October 23rd at 9:00 am**

antiques | modern | extraordinary

www.hpadc.com

instagram @antiquedesignct

ground level - historic market square





S H E R R I L L & V E R A N D A

JOIN US FOR AN EXCLUSIVE EVENT

Celebrating Sherrill's 80th Anniversary

HOSTED BY STEELE MARCOUX, EDITOR-IN-CHIEF OF VERANDA

FRIDAY, OCTOBER 24
5:00PM - 7:00PM

S H E R R I L L S H O W R O O M
315 Fred Alexander Place, High Point

Join host Steele Marcoux, along with special guests Mr. and Mrs. Howard, Lillian August, and the Sherrill Family of Designers as we toast to eight decades of artistry, innovation, and fine craftsmanship. Raise a glass, enjoy cocktails, light bites, and dance the night away. This is a celebration you will not want to miss!

RSVP HERE

WWW. SHERRILLPARTY.COM

80 S H E R R I L L
YEARS &

1 SUITES @ MARKET SQUARE (SAMS)

GROUND FLOOR

- Eastern Accents | G1000
- Tommy Mitchell | G3000
- Reprotique | G6044

SALON

- Ngala Trading | G6033

MEZZANINE

- Quorum | M1000 A-B
- Coley Home | M5003

ANTIQUE & DESIGN CENTER

- Le Petite Trésor | G42
- Sandy Luther Antiques | G47, 48
- Whitehall Antiques | G54
- DeLoach | G55
- Lucky Fish Gallery | G56, 57
- Amanda Lane Design | G73

MARKET SQUARE

- Hudson Valley Lighting | M70, 90, 97, 99
- Dovetail Furniture | 142, 240, 243
- Hinkley | 143
- Unique Loom | 190
- Stanton Gray Wall Coverings | 200
- Fabricut | 217
- Thibaut | 260

6 IHFC

INTERHALL

- Noir | IH002
- Regina Andrew Design | IH006
- Tempaper & Co. | IH109
- York Wallcoverings | IH303
- Wexel Art | IH508
- Villa & House | IH607, 609, 610

FLOOR 2

- Cyan | C258
- Global Views | D213, D220
- Accent Decor | D201, D202, D246
- Kalco Lighting | H232
- Crystorama | H241

FLOOR 3

- Leftbank Art | H304
- Howard Elliott | H324
- JDouglas | D319
- Loloi Rugs | D320
- Oliver Gal Artist Co | C365

FLOOR 4

- Uttermost | C448

FLOOR 7

- BDI | D724

7 PHILLIPS COLLECTION

- 135 S Main St

8 SHOWPLACE

- Rowe Furniture | 1100
- TOV Furniture | 1850
- Hooker Furnishings & Bobo Intriguing Objects | Floor 3
- Surya | 4100
- Four Hands | 4101
- American Leather | 5000

9 UNIVERSAL • 101 S Hamilton

10 200 STEELE

- Nashville Rug Gallery | 111
- Kravet | 117
- Highland House | 121
- John-Richard | 223
- Woodbridge Furniture | 301
- Taylor King | 304

11 CARACOLE • 122 N Hamilton

2 COMMERCE & DESIGN

- Arteriors | 1A, 1B, 1G
- Visual Comfort | 2A, 2G
- Jaipur Living | 4B, 4N, 4P

3 220 ELM

- Younger Furniture | 214
- Johnston Casuals | 330
- Trica | 406

4 IHFC MAIN

- Currey & Company | M110
- Norwalk | M108

5 THE POINT

- Commerce Ave — S Main to Wrenn

TOP Top 10 Showroom

\$ Shop in Showroom

GL Green Line Stop

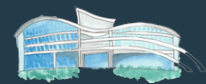
RL Red Line Stop



1. The Suites at Market Square (SAMS)



6. International Home Furnishings Center (IHFC)



8. Showplace



13. 310 N Hamilton

12 200 N HAMILTON

- Fairfield Chair | 100
- Chelsea House | 104
- Wildwood | 125
- Hickory Chair | 300

13 310 N HAMILTON

- Wesley Hall | 106
- CR Laine | 204
- Ambella Home | 110
- SHERRILL | 315 Fred Alexander Pl
- Feizy Rugs | 309 N Hamilton
- MaterialWorks | 311 N Hamilton
- Gabby | 333 N Hamilton

14 E MLK JR DRIVE

- Mr. Brown London | 114-116
- Julian Chichester | 118
- Branch Home | 200
- South + English | 210

15 BERNHARDT FURNITURE • 101 N Hamilton

16 DESIGN LEGACY • 126 Virginia Pl

17 BROAD HALL CODARUS • 300 W Broad

18 313.SPACE • 313 S Centennial

19 ASIAN LOFT • 625 W Ward

20 214 MODERN VINTAGE • 314 W Russell

21 CHELSEA ON GREEN • 515 W Green



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WHOLESALE ACCOUNT! ➡



Don't Miss these Market Events:

SHOWROOM #MS190

ASID Curated Fall High Point Market Designing Well Showroom Tour Kickoff

SATURDAY, OCTOBER 25TH | 9 AM

Join Unique Loom and ASID as we celebrate with Mimosas.

Michelle Lynne presents:

The Designer's Worth Turning Creativity into Currency

SUNDAY, OCTOBER 26TH | 10:30 AM

Come learn from the best business coach curated for Interior Design Professionals. Mastering your CEO mindset, processes and pricing for a profitable Interior Design Business.

Patterned Harmony: Unique Loom & Fabricut Designs Debut at High Point Market

MONDAY, OCTOBER 27TH | 11 AM

Join us as Alexandre Fleuren of Alexandre Fleuren Interiors and Designafi introduces the freshest fabric patterns and how to pair them with your favorite rug find.

*Visit Showroom #MS190 each day of market
for coffee, lunch, and happy hour!*

UNIQUELOOM.COM

2025 Featured PRODUCTS

THE
Cool Girl's
GUIDE



AMOR PENDANT LIGHT
IHFC H-232



oxygen

FAVO 24 IN. PENDANT LIGHT

Suites at Market Square M-1000 A-B

quorum

GLICINA 8-LIGHT CHANDELIER

Suites at Market Square M-1000 A-B



THIBAUT

TORREY PINES

Market Square 260

220Elm

STRATA/WILLIAMS DINING SET

Johnston Casuals Showroom 330 @ 220 Elm





THE WORLD OF ARTISTRY, *Curated*

We travel the globe finding artists creating objects rich with history and craftsmanship. Furniture and décor built from reclaimed centuries-old carved woods. Meticulously restored Asian antiques. Stone, metal, glass, clay and vines transformed into refined accents, lighting and art.

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ASIA | INDONESIA | MOROCCO | INDIA**

Showroom & Warehouse
625 W. Ward Avenue
October 21-29 8am-8pm daily

AN EYE FOR MUCH MORE



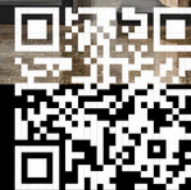
www.asianloft.com



@Asianloft



AsianloftUSA



Design Lives at 220 Elm



Stressless: Showroom 120



Younger Furniture: Showroom 214



Trica Furniture: Showroom 406

A curated destination for contemporary design at High Point Market.

THE Top Tips FROM MARKET GURUS!

THE
Cool Girl's
GUIDE

ARIANNE BELLIZAIRE @ariannebellizaireinteriors



Map it out but stay flexible—sometimes the best finds are unexpected.

Take photos and notes—future-you will appreciate it when you're back at your desk.

Follow up after—those connections are gold; nurture them!

Hydrate and fuel up—this isn't the time to skip meals or forget your water bottle.

Have fun! Market is one big, inspiring playground—soak it in and enjoy the ride.

JANE DAGMI

@jdagmi @highpointxdesign



Market days are long—often 8am-8pm—so you can really take advantage of extended hours.

Day 1, I'd hit outlier showrooms and maybe a multibrand hub like Market Square/Suites at Market Square. The next day, hit the heart of the action, the Hamilton Wrenn district, take a spin through 200 Steele and Showplace, and around the main quad. With so much to see, two days fly by—but don't stress! High Point is open year-round, and many brands welcome appointments.

Lots of showrooms, especially those with antiques and one-of-a-kinds, open well before Saturday so you can really get a jumpstart on it all. Also, you will see what you see and who you see. It's likely that you won't get to it all, but never fear, High Point is here.

REBECCA HAY

@rebeccahaydesigns
@resilientbydesignpodcast



Hold off on the alcohol until the end of the day. It can be tempting to have a glass of prosecco at every showroom that offers it to you but it will just make you sleepy and kill your momentum! Also, and this is kind of random, but pack sunscreen for your face!

This may sound old fashioned but I always bring business cards with me! I keep them in my lanyard and it's a great way to connect with new people and vendors. In this digital age it's refreshing to use a physical card as a nice brand touch point. But also, sneakers!

MARIE CLOUD

@indigopruiitt



Don't just browse—engage. Speak with showroom reps and ask about materials, lead times, and trade discounts.

Document your finds. Take pics, jot down notes, and follow up with brands post-market.

Network with intention. Some of the best collaborations and connections happen over an impromptu coffee or cocktail hour.




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**SEE OUR FALL 2025 COLLECTIONS AT
HIGH POINT MARKET, IHFC, HAMILTON, FLOOR 2, H232**



EXPERIENCE HIGH POINT MARKET AT
BROAD HALL
CODARUS

300 W. Broad Ave (Red Line Stop 27)

EVENTS PREVIEW

Save The Date For Our Market Events



20TH ANNIVERSARY CELEBRATION

Cocktails, Canapes & Music

Sunday, October 26th 4:00pm - 8:00pm



TACO BROTHERS FOOD TRUCK

Lunch Sunday October 26th

11:30am - 2:30pm

Breakfast Monday October 27th

9:00am - 10:30am



LOBSTER DOGS FOOD TRUCK

Lunch Monday October 27th

11:30am - 2:30pm



Scan For More Event Updates &
RSVP CODARUS Market Events



THE Best Tip FOR A MARKET FIRST-TIMER?

We surveyed HPMKT veterans for their expert advice. Here are some tips from the industry's best!

THE
Cool Girl's
GUIDE

ARIANNE BELLIZAIRE @ariannebellizaireinteriors



Comfort over everything! It's a marathon, not a sprint. Pace yourself, wear your comfiest shoes, and give yourself grace—you don't have to do it all in one trip. Some of the best finds and conversations happen when you leave space for them.

MARIE CLOUD @indigopruiitt



Prioritize and plan! High Point Market is massive, so create a strategic itinerary with must-see showrooms, events, and networking opportunities. Give yourself time to explore, but don't try to see everything in one visit.

SANDRA FUNK @houseoffunkdesign



You must be the master of your own energy. Market is like the Louvre - you just cannot see all of it. Listen to your intuition. If you're not feeling a showroom, move on - there's too much to see to settle for "meh." Set a reasonable pace, take breaks, wear supportive shoes, hydrate and soak in all the positive energy.

JANE DAGMI @jdagmi @highpointxdesign



Grab the free Market magazines and flip through—something unexpected might catch your eye! Tear out pages or jot down notes on must-see brands. I would pack kid's scissors and a glue stick to build a Market notebook on the fly. If you can't get to that showroom, no worries—you've got a record to follow up later!

NOZ NOZAWA @noznazawa



Have a top-3 or top-4 list for showrooms you want to see each Market day -- this leaves you with room in your days to discover unexpected spots, attend panels, etc.

KATE O'HARA @ohara_interiors



Hydrate, caffeinate, and delegate. Plan your must-sees but leave room for surprise finds. Oh, and pack Band-Aids—even "comfortable" shoes will betray you by day two.

WHAT'S THE One Thing YOU DON'T LEAVE HOME WITHOUT?



ARIANNE BELLIZAIRE

My Hulken bag! It rolls, it carries everything, and it saves my shoulders. I throw in a portable charger, my notebook, and business cards, and I'm ready to roll—literally!



JANE DAGMI

Toothpaste/toothbrush—I need to refresh after lunch.



NOZ NOZAWA

2 tape measures: a soft tape, and a rigid metal tape!

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HIGH POINT MARKET

W E L C O M E S

Jimmy Buffett's

CORAL REEFER BAND

FALL
2025

SAT | 10/25 | 7PM

Gates open at 6:30pm, with early entry for buyers at 6:15pm. Space may be limited due to capacity restrictions.

Presenting Sponsor:

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HPMKT
High Point Market

AMY ASTLEY

KEYNOTE

SATURDAY, OCTOBER 25 | 3PM

Sponsored by
Architectural Digest

AD

Celebrate a Decade of Design with Amy Astley

Editor-in-chief of Architectural Digest, Amy Astley unveils AD at Home—a stunning collection of creative living from the past decade, published by Rizzoli. In conversation with AD PRO Senior Editor Mel Studach, Astley shares insights into how AD has evolved into a more inclusive, wide-reaching celebration of style. Join us for a book signing at 5pm at the Loloi Showroom. Doors open at 2:30pm. Presented by High Point Market Authority. Sponsored by Architectural Digest.



YOUR Favorite DESIGNER-FRIENDLY SHOWROOMS?

We surveyed HPMKT veterans for their expert advice. Here are some tips from the industry's best!

THE
Cool Girl's
GUIDE

ARIANNE BELLIZAIRE @ariannebellizaireinteriors



Four Hands: fresh, approachable designs that work for a variety of projects.

Vanguard: classic, customizable, quality pieces

Schwung Home: a hidden gem for statement lighting and conversation-starting furnishings

JANE DAGMI @jdagmi @highpointxdesign



Because I support a group of 46 designer-friendly brand showrooms, I can't single out three. I'll just say **look at the HPxD list** and you pick three!

MARIE CLOUD @indigoprutt



Verellen: thoughtful craftsmanship, timeless appeal.

Arteriors: a dream for lighting and unique decor

Splashworks: innovative and forward-thinking art

KATE O'HARA @ohara_interiors



I am in love with **Palecek**. Their new showroom is fabulous, and they usually offer an amazing bite to eat. **Highland House** is another. The furniture is stunning, and they've really nailed southern hospitality. **Eichholtz** is always a party; if a Parisian penthouse and a high-fashion runway had a baby, it would be drinking a cocktail and named Eichholtz.

SANDRA FUNK @houseoffunkdesign



This is tough because it evolves, but a few standouts are **Verellen** (inspiration worth the walk), **Vanguard** (So. Much. Customization.) and **Four Hands** (for the furniture. No, for the bar. No... for the inspiration... wait...)

NOZ NOZAWA @noznazawa



The **Antique and Design Center** on the bottom floor of Market Square, **Hudson Valley Lighting Group**, and the **whole 313.Space building!**



MARKET TIPS

Cell phone signal at High Point Market SUCKS — bring a fully charged backup battery (or two!). When your phone dies by 11 am from trying to Instagram all your fabulous finds, you will thank me!

Speaking of Instagram - be sure to post all your amazing finds when cell service allows. The official Market hashtag is #hpmkt and be sure to tag us too at #coolgirlsguidehpmkt

Try to attend at least 2 social and 2 educational events while you're at Market — both are important! Market is fantastic for networking and meeting other designers as well as developing relationships with vendors. It's like a very expensive conference but IT'S FREE!

MARISA WILSON @marisawilsoninteriors



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Our Learning Center, located in the Universal showroom, hosts several events each Market. From panel discussions to lectures, we cover the trends happening now. Visit us this Market at 101 South Hamilton Street, High Point, NC.

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with a drink in hand and a
puppy by your side.”

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Friday, October 24 | 12 pm- 8:00 pm | Sherrill Showroom (Outside)
315 Fred Alexander Pl. Shuttle Stop 18 (Red Line)



How Designers Source Smarter & Make More Money

Sunday, October 26 | 2:00 PM | Sherrill Showroom
📍 315 Fred Alexander Pl. Shuttle Stop 18 (Red Line)

Moderator: LuAnn Nigara

Panelists: Jessica Farnan, Leslie Gilmore, Isabel Ladd

Smarter sourcing, pricing models & vendor strategies that protect
creativity and grow your bottom line.

Free to attend.

Space is limited, **RSVP Today!**

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IF YOU ONLY HAD **One or Two** DAYS AT MARKET, WHERE WOULD YOU SPEND YOUR TIME?

THE
Cool Girl's
GUIDE

ARIANNE BELLIZAIRE

@ariannebellizaireinteriors



I'd make a beeline for **Market Square** and 313 N. Hamilton (aka "**313.Space**"). They're full of off-the-beaten-path treasures and one-of-a-kind finds you won't see anywhere else. Perfect for adding those special pieces that make a space feel layered and collected.

REBECCA HAY

@rebeccahaydesigns

@resilientbydesignpodcast



I'd break up my days based on location. Plan to spend one day at **IHFC** wandering the showrooms and maybe even attend a designer panel on the main stage and then another day dedicated to **Hamilton Street**, enjoying the beautiful warm weather (I'm a Toronto girl) and fresh air.

MARIE CLOUD

@indigopruitt



I'd hit **Suites at Market Square** for unique finds and emerging brands, then spend time at **200 Steele** for high-end showrooms and elevated designs. Then, I'd hit **key networking events or panel discussions** to maximize connections.

KATE O'HARA

@ohara_interiors



On a short trip, stick to the showrooms that align with your projects, then carve out time for trendspotting at **InterHall** and **Suites at Market Square**—these are goldmines for emerging brands. Any **extra time could be spent networking** like your next dream collab depends on it—because it might.

The Lucky 7 STARTER KIT

These seven vendors offer no minimum on product purchases, ranging from accessories to wallpaper!

ASIAN LOFT | 625 W Ward

FEIZY RUGS | 309 N Hamilton

HUDSON VALLEY | Market Square

LUCKY FISH GALLERY | Antique & Design Center

REVOLUTION | 312 S Hamilton

UNIVERSAL | 101 S Hamilton

YORK | IHFC - IH303

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HIGH POINT MARKET

SHOPPING TIPS

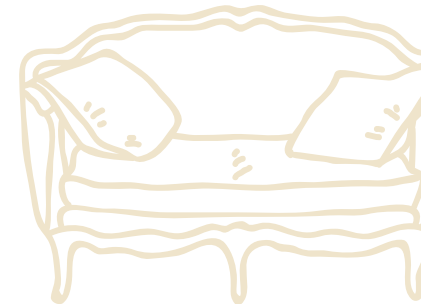
SHOP EARLY — ONE-OF-A-KIND ITEMS DON'T LAST LONG!

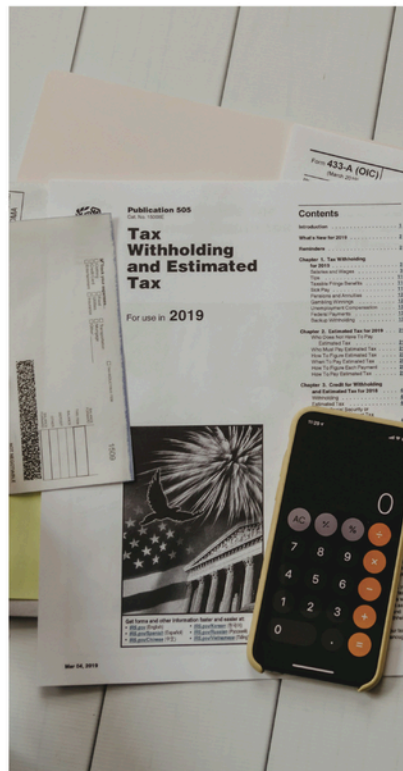
Some showrooms even have preview events before Market.

CAN'T CARRY IT WITH YOU?

Arrange shipping at Antique & Design Center.

Some vendors may be ready to strike a deal at the end of Market! Many vendors also sell online at Chairish and 1st Dibs — **grab their cards so you can contact them at off Market times.**





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 [chelseaongreen](https://www.instagram.com/chelseaongreen)

Join our Preview Party for a curated selection of antiques while enjoying an Artisan Grazing Table by The Blooming Board & Open Bar

336.942.0018

HOW TO SAVE **Time or Money** AT MARKET?

We surveyed HPMKT veterans for their expert advice. Here are some tips from the industry's best!

THE
Cool Girl's
GUIDE

ARIANNE BELLIZAIRE

@ariannebellizaireinteriors



I plan my days by zones so I'm not crisscrossing all over town. And I take advantage of the free hotel shuttles and the "Go Anywhere" vans—they're lifesavers for getting around without the hassle. Also, I pack snacks and a refillable water bottle so I'm not wasting time (or money) standing in line for basics.

REBECCA HAY

@rebeccahaydesigns

@resilientbydesignpodcast



To save money, find the FREE food! There really is no need to spend any money on food while you're at Market. But if you don't plan it well you could miss the meals and get pretty hungry! Find out which showrooms offer breakfast (I like Universal's Cafe) and always plan where you'll be eating lunch. There are food trucks where you can buy food but it really isn't necessary if you take advantage of all the free food!

You can also use the free hotel shuttle to get to and from Market daily! I've rented a car before and it really wasn't necessary. When it comes to saving time Do as I say and not as I do - map out your days before you arrive. I never remember to do this and always feel like I waste time trying to decide where to go next LOL.

JANE DAGMI

@jdagmi @highpointxdesign



I don't spend a penny on food or drink throughout the day unless I am leaving a tip for a friendly server or bartender. As far as saving time—ha!! That's not my strength. Pass.

MARIE CLOUD

@indigopruitt



Use the shuttle system – it's free and saves a ton of time between showrooms.
Pre-register for events – Many fill up quickly!
Stay in nearby cities – Greensboro or Winston-Salem often have more affordable lodging.

TRANSPORTATION TIPS

Parking is FREE and there is a FREE shuttle service into downtown. (This is different from the Red and Green Shuttles that take you to the showrooms.)

NORTH LOT

GPS Address: 921 Eastchester Drive, High Point, NC 27262

HOURS OF OPERATION

Thursday, October 23 – Tuesday, October 28 | 6:30 am – 10 pm

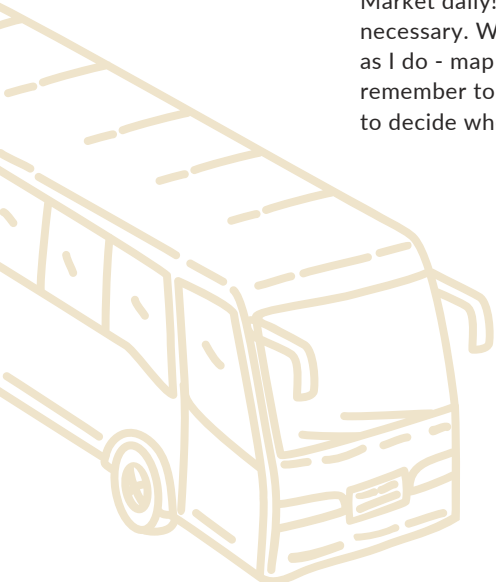
Wednesday, October 29 | 6:30am – 6pm

Once you're at Market, you can walk most places, but you can also take the Red and Green Shuttles.

If the place you are going to is not one of the shuttle stops, call the GO-Anywhere shuttle & it will come to pick you up. Sometimes there's a bit of a wait though.

FREE GO-Anywhere service - Pick up at the Transportation Terminal or call 336.887.RIDE (7433)

**SAVE THIS IN
YOUR PHONE!**



HOW DO YOU MANAGE YOUR **Physical** & Mental Health WHILE AT MARKET?

THE
Cool Girl's
GUIDE

ARIANNE BELLIZAIRE @ariannebellizaireinteriors



I schedule downtime. Whether it's grabbing a quiet coffee or finding a spot to sit and recharge for a few minutes, I listen to my body. And I never underestimate the power of a good night's sleep and supportive shoes!

MARIE CLOUD @indigopruitt



I schedule "come up for air" moments—intentional breaks to reset. Hydration and comfortable footwear are non-negotiables, and I make sure to sit and reflect on my finds before making sourcing decisions.

SANDRA FUNK @houseoffunkdesign



Meditation in the morning to stay grounded. Healthy snacks in a not-too-heavy cross-body bag. The most stylish and comfortable shoes you own. Hang in forward fold a few times mid-day to release the lower back. Hydrate or die. A touch of alone time before dinner with friends or colleagues. Those are the rules. If you choose not to follow them, good luck!

JANE DAGMI @jdagmi @highpointxdesign



I get outside. Favorite outdoor spaces: any balcony at Showplace (such a great view looking out on High Point), and the gardens at Cohab and 313.Space. Also, I'm very responsive to certain scents and Aveda's Dry Remedy gives me an afternoon boost while taming the frizz.

REBECCA HAY @rebeccahaydesigns
@resilientbydesignpodcast



The trick is to listen to your body and know your limits. I make sure to take breaks for myself. If I'm with a group I'll excuse myself to sit in Market Square and have a refreshment alone. ALSO Market can be INTIMIDATING and it's natural to compare yourself to others. Remember that other designers you see are probably feeling just as intimidated as you. A little smile goes a long way to bridging the gap with new people.

NOZ NOZAWA @noznozawa



I bring extra socks + blister bandages just in case – and never wear a NEW pair of shoes to Market, only tried & true broken-in shoes!

RETAIL THERAPY (CASH & CARRY)

REGINA ANDREW | JEWELRY & ACCESSORIES @ IHFC IH006

MARKET AT MARKET @ CENTER STAGE

PHILLIP ALLEN HEFNER COLLECTION | JEWELRY @ SAMS G-6040

FRANKIE DAVIDSON LIGHTING & ACCENTS | JEWELRY @ MS 138

REST & RECHARGE

Universal DESIGNER'S LOUNGE

2ND FLOOR SUN LOUNGE
200 Steele

Four Hands OUTDOOR TERRACE

Gabby COURTYARD

BREAK
TIME

WHAT IS YOUR Favorite Place TO GRAB LUNCH?

We surveyed HPMKT veterans for their expert advice. Here are some tips from the industry's best!

THE
Cool Girl's
GUIDE

ARIANNE BELLIZAIRE

@ariannebellizaireinteriors



The **Universal Showroom**! They always have a great lunch setup, and it's a nice spot to relax, recharge, and catch up with fellow designers.

MARIE CLOUD

@indigopruitt



Honestly? The free lunch at showrooms! Many offer complimentary meals, and it's a great way to fuel up while networking with brand reps.

REBECCA HAY

@rebeccahaydesigns

@resilientbydesignpodcast



Any of the showroom's on **Hamilton** that are serving food! HAH

JANE DAGMI

@jdagmi @highpointxdesign



Not a big lunch person, but **Sunpan** serves excellent food throughout the day and good wine. Coffee is truly my fuel and I am a big fan of the sophisticated make-your-own coffee machine at **Capel**.

CHECK OUT THESE DAILY MEAL TIMES & HAPPY HOURS!

DESIGNER FAVORITES

- Sunpan
- Currey & Co.
- Universal
- Kravet
- Jaipur
- Norwalk

FOR MORE DINING OPTIONS
CLICK HERE

COURTYARD CAFÉ

@ 220 Elm | 8 AM – 3 PM

DAILY BREAKFAST, LUNCH, HAPPY HOUR, AND GELATO

@ Essentials for Living | 8 AM – 5 PM

MORNING KICKSTART

@ American Leather | 8:30 – 11 AM

THE BLOOMING BOARD POP-UP

@ The Point | 11 AM – 2 PM | (\$)

THE CHELSEA CAFÉ LOUNGE

@ Chelsea on Green | 11 AM – 7 PM

AFTERNOON TREATS

@ Bassett Mirror | 3 – 6 PM

YOUR MARKET REFRESH: FROSÉ AND SANGRIA ALL DAY

@ Capel Rugs | 9 AM – 6 PM

DAILY BLOODY MARY'S, MIMOSAS, AND HAPPY HOUR

@ Ngala Trading Co. | 9 AM – 6 PM

CHALK HILL TASTING ROOM

@ Center Stage

SAT & SUN | 11:30 AM – 3 PM
SAT & SUN EVENING | 6 – 9 PM
MON | 11:30 AM – 5 PM

DAILY HAPPY HOUR | 3 – 5 PM

@ Thompson [313.Space, Fl. 2, M20]

HAPPY HOUR DAILY

@ Antique & Design Center | 3 – 6 PM

WHAT'S YOUR SECRET TO Planning Outfits

WHILE AT MARKET? GO-TO SHOES? A FAVORITE BAG?

THE
Cool Girl's
GUIDE

ARIANNE BELLIZAIRE

@ariannebellizaireinteriors



It's all about **layers, comfy (but fashionable!) sneakers, and quick swap-outs** that can take an outfit from daytime showroom visits to nighttime events with ease. I like pieces that are versatile, stylish, and functional—bonus points if they can stand up to a full day on my feet!

MARIE CLOUD

@indigoprutt



Chic + comfortable wins. I go for elevated neutrals with standout accessories. Layers are key since showroom temps fluctuate. It's such a great time to get playful with styles and not take fashion too seriously and overthink it.

KATE O'HARA

@ohara_interiors



Market is tricky because in a single day, I might be touring showrooms, speaking on stage, enjoying a happy hour, and then going out to a nice dinner. I love jumpsuits and dresses because they are comfortable and polished. It's also nice to layer so long as you keep things light - you'll be carrying anything you don't wear.

JANE DAGMI

@jdagmi @highpointxdesign



On a piece of paper, I map out the days I will be covering Market on the left and my outfits on the right. My schedule dictates the fashion vibe. Friday to Monday tend to be the most "fancy" since that's when the most events are.

REBECCA HAY

@rebeccahaydesigns

@resilientbydesignpodcast



Dress in layers. It can be hot then cold, then hot again. A long dress is my preferred outfit. Throw a jean jacket or blazer over and you'll be comfortable all day.

I usually wear my Stan Smith sneakers and a small crossbody bag. Being able to be hands-free walking the showrooms is my preference! That way I'm able to eat and drink with ease!

NOZ NOZAWA

@noznozawa



I'm a carry-on warrior so I prioritize pieces that pack down small, don't wrinkle, and stay comfy all day. I re-wear shoes to save space in my suitcase!

My "flatform" combat boots, a backpack, and my cargo crossbody that has tons of organized pockets so I can whip out the right tape measure fast!

DON'T FORGET YOUR

- BACKPACK
- PHONE CHARGER
- UMBRELLA
- BUSINESS CARDS
- SNEAKERS
- SMALL NOTEBOOK

FOLLOW US ON INSTAGRAM!

for updates throughout Market
[@cool.girls.guide](https://www.instagram.com/cool.girls.guide)

OFFICIAL HASHTAGS:

#hpmkt #coolgirlsguidehpmkt



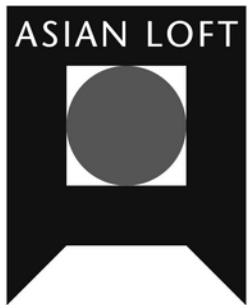
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