





THE INSIDE TO

MFFTING THE RIGHT PEOPLE & BFING IN THE RIGHT PLACES



I've attended every Market since October 2014, and I've learned all the tips and tricks. Now I'm ready to share them with you firsthand, with a little help from my designer pals!

> High Point Market is huge — more than 13 city blocks! - so I've highlighted the best 50 showrooms to get you started. The schedule is ever-changing, but I've got you covered with a perfectly curated calendar of events.

You're on your way to navigating High Point Market like a pro!

35 YEARS OF

Celebrate 35 Years of ELLE Décor at the Sherrill Brands Showroom! Commemorate this momentous milestone with us.

> Friday, April 12th 5pm-7pm.

SHERRILL SHOWROOM 315 Fred Alexander Place | High Point NC

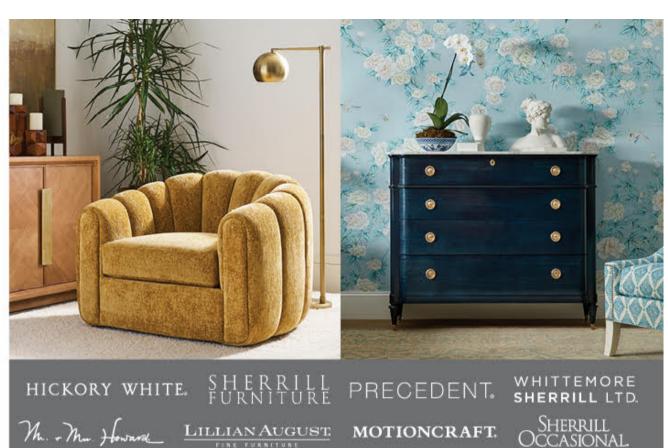
Enjoy an evening of creativity and inspiration as we showcase the finest in design and innovation to honor the enduring partnership between Sherrill Furniture Brands and ELLE Decor.

Excited to see you there!

RSVP NOW

SHERRILLEVENTS.COM

SHERRILL.
FURNITURE BRANDS





FRIDAY APR 12

Alden Attic Sample Sale | APR 11-17

Make Your Mark | APR 12-16

New Buyer Mixer



Market 101 LIVE!

Masters & Mavericks: A Dialogue of Differences Between Generations Managing Successful Design Firms

Vintage Vibes Social ● MAP

Oliver Gal Market Mixer

@ Oliver Gal [IHFC C365] • 4-6 • Details



Mabley Handler Collab Launch Party!

with Ann Yancy, Jennifer Mabley, & Austin Handler

@ Ro Sham Beaux • 4-7 • <u>Details</u>

Judith Leiber Couture Debut with Theodore Alexander & Galerie Magazine

CHEERS to 35 Years of ELLE Decor!

with Helena Madden & David Hamilton @ SHERRILL • 5-7 • RSVP • Details



Event Type Key:

EDUCATIONAL EVENT

FEATURED EVENT

SATURDAY APR 13

Hot Spot Tours

with David Cohen & Marisa Wilson @ The Point • 9:30-11 • RSVP Required

The Price is Right: Generate Higher Design Fees that Reflect Your Value with

A Live Painting Event with Jane Dagmi

Meet & Greet

with Lola Sanchez from Oliver Gal and Jordan Semder of Jordan Semder Interiors @ Oliver Gal [IHFC C365] • 11-12 • Details

The Art of Marbling • Details

with Susan Schneider of Shandell's @ Antique & Design Center • 11-12

ENCORE KEYNOTE

Designing a Business that Endures

Preparing Your Design Business for Economic Shifts

Nightmare Projects: Testing Your Limits and Helping you Grow

The Celebrity Factor: How to Get it, How to Show it, How to Sell it

The Art of Storytelling Design

SATURDAY APR 13

"Vignettes" Book Launch

Designing Your Business: Investing in Business Leaders for Your Firm

Design Without Borders: Crafting Spaces with Global Inspirations

Behind the Seams: LIVE Maker Stage

Grand Opening & Launch Party

KEYNOTE SERIES

Suite Spot Tour

Do You Want Fries With That?

Odette After Hours

Cheryl Luckett, Christopher Todd, & Noel Gatts • Sponsored by Veranda @ Odette • 4-6 • Details

INNOVATION & DESIGN Reception

Pizza Party & Prosecco

SATURDAY APR 13

Celebrating Theodore Alexander's Spencer London Collection

Nik West LIVE

Events Calendar Sponsored By:



SUNDAY APR 14

WithIt Edu. Breakfast: When She Leads

Hot Spot Tours

@ The Point • 9:30-11 • RSVP Required

Careers to Interior Design Success

How to Build Income Now & Create

Rue Magazine Design Brunch & Chat

SUNDAY APR 14

Fashion Snoops & Gen Z:
Exploring the Next Generation of Design with Jaye Anna Mize, Parker Heath,
Emily Keane, & Virginia Chamlee

Unique Loom's From the Ground Up: How to Build the Business of Your Dreams

with Jessica Duce, Whitney Atkinson, & Ericka Saurit
@ Unique Loom • 11–12 • Details

Staying Current in Design

with Rasheeda Gray, Charlotte Lucas, & Lori Paranjape

@ Theodore Alexander • 11–12

When to Say Goodbye:

Knowing When and How to Fire a Client with Cheryl Luckett, Blair Moore, Brad Ramsey, Noel Gatts, & Tamara Day @ Odette • 11-12

Panel Discussion: Demystifying the Collaborative Process

with Ann Yancy, Jennifer Mabley, & Austin Handler
@ Ro Sham Beaux • 11-1 • Details

Strategic Sourcing: Driving Success in Interior Design Procurement

with John McClain, Glenna Stone Jeanne Chung, & Mike Yates @ Fairfield Chair • 11:30–12:30

A Colorful Past: Telling Stories in Design with Patti Carpenter, Angeline Hall, Ryan Kirk Kopet, Tanya S. Lewis, & Roz Murphy

The Role of Media in Shaping Client Expectations

with Tori Sikkema, Kelli Ellis, Courtney Porter, & Ericka Saurit @ Universal • 2–3 • <u>RSVP</u>

Balancing Act: Creative Integrity & Business Growth in Design with

Mary Beth Zaehringer, Christopher Todd, DuVäl Reynolds, Eddie Maestri, & Kara Cox @ Odette • 2–3

SUNDAY APR 14

Designing Lifestyles, Interiors, & Products with Barclay Butera, Suzanne Duin, Dann Foley, & Gary Inman

Sunday Funday

KEYNOTE SERIES

A Life in Design with Bunny Williams

@ High Point Theatre • 3-4

Never Get Shopped Again

Design Sips LIVE with Sandra Funk

Masters Watch Par-Tee @ Unique Loom • 3-5 • <u>Details</u>

Designers for Chaddock in Conversation with FLOWER EIC Margot Shaw

with Benjamin Johnston, Mary McDonald, Larry Laslo, & Margot Shaw
@ Chaddock [200 Steele] • 3-5

A Literary Moment and "Beach Life"

Book Signing with Lauren Liess @ Woodbridge • 4-5 • <u>Details</u>

Cocktail Party

Party with TOV

@ TOV Furniture [Showplace] • 4-7

Party with a Purpose
with Russ Jones
@ Firbholtz • 5–6 • RSVP Required

Goo Goo Dolls LIVE

Know where to be! **Event info frequently changes**, and is
current as of publication date.

MONDAY APR 15

Hot Spot Tours

with Jaclyn Isaac & Rasheeda Gray
@ The Point • 9:30-11 • RSVP Required

Designer Secrets to SEO

with Jen Smiga, Jeanne Chung, Ann Yancy, Mickey Schluter, & Jim Thornton @ Universal • 10–11 • <u>RSVP</u>

Brunch & Learn ● 11-1 ● RSVP ● Details@ Brentwood [312 S Hamilton 3rd Fl]

Where Beauty, Art & Science Collide: Neuroaesthetic Innovations in Design

Sponsored by Revolution Fabrics with Marisa Wilson, Asha Maxey, Eryn Oruncak, Susan Hayward, & Susie Noval

How to Get Published & Thrive in an Uncertain Economy with Ruthie Staalsen, Juliana Ewer, Staci Steidley, & Kim Bailey & Nanwalk • 1–2

Design Business Blueprint: How to Pivot your Business in Times of Uncertainty with Yudi Kaufman & Courtney Porter

Alexa Hampton: One-of-a-Kind
@ Eastern Accents • 3-5 • Details

Sabrina Soto Cocktail Party + Koozies & Karaoke
@ Unique Loom • 3-5 • Details

Become an IN-DEMAND Designer with Sandra Funk

The Asian American Experience: A
Conversation with AAPI Entrepreneurs

vith Noz Nozawa, Ray Hallare, Lia Shin, Kaitlin Petersen, & Swati Bansal ② The Point • 4–5

MONDAY APR 15

Becki Owens x Surya Celebration

@ Surva • 4-6

AAPIDA Networking Reception

@ The Point • 5

Market Party

TUESDAY APR 16

Designing Tomorrow: Textile Trends & Their Influence on the Design Process with Jaye Mize

@ The Point • 10-1

Design Embellishments CEU: Mastering Luxury Finishes for Casegoods

@ Century [200 Steele] • 4-5

LOOKIN' GOOD!

Visit Universal's

Designer's Lounge and Beauty Bar

OPEN SAT – SUN

Appointment Only from 12–3:30

Walk-ins Accepted from 4-5

SOCIAL EVENT

EDUCATIONAL EVENT

FEATURED EVENT

6

Event Type Key:



Don't Miss these Market Events:

SHOWROOM #MS190

Visit Showroom #MS190 each day of market for coffee, lunch, and happy hour!

From the Ground Up!
How to Build Your Business

SUNDAY, APRIL 14TH @ 11:00 A.M.

Panel Discussion with

Jessica Duce/J Duce Designs,

Whitney Atkinson/Wugs Weighted Rugs

& Erika Saurit/Saurit Creative

Cutting a Rug with Sabrina Soto!

MONDAY, APRIL 15TH 3 - 6 P.M.

Join us as we celebrate Sabrina's fabulous new outdoor designs at our "Koozies and Karaoke" Cocktail Party



Discover Our Newest Arrivals!



Kilim Jute SKU# 3203211



Atlas Moroccan Wool SKU# 3205000



Eco Bohemian SKU# 3202001



Masters Watch Party

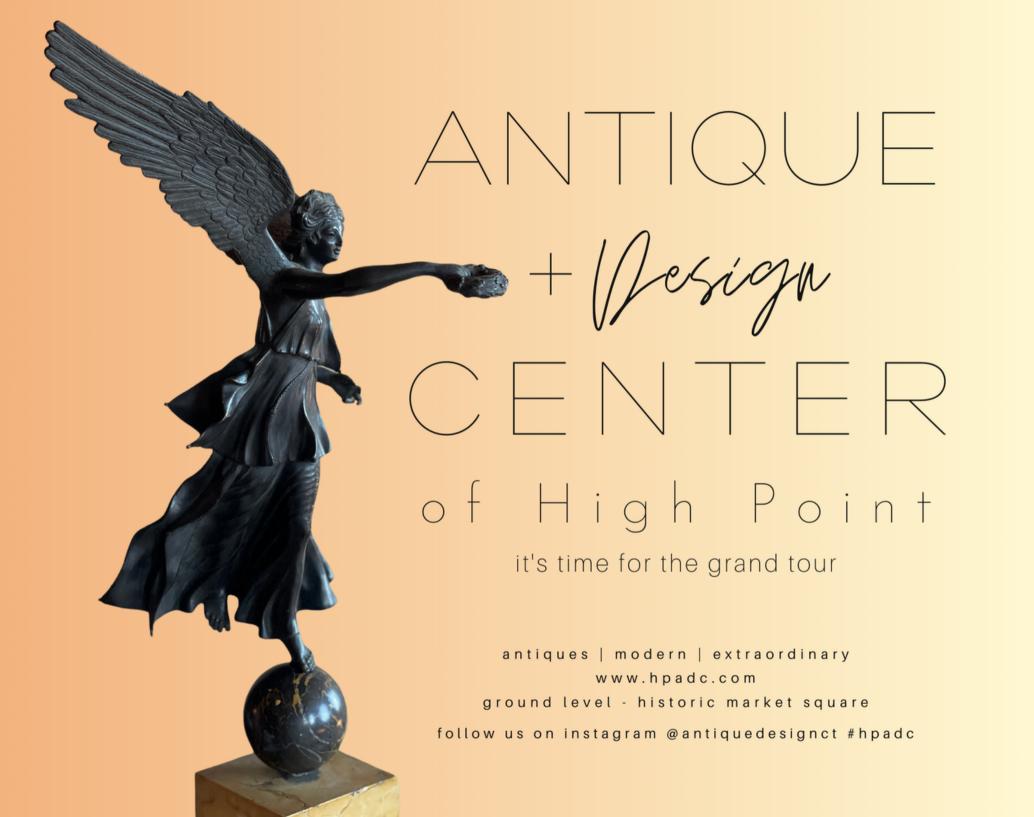
SUNDAY, APRIL 14TH 3 - 6 P.M.

Masters flared cocktails and appetizers,
entertainment and try a hole-in-one for
a chance to win \$500 off your next purchase
at Unique Loom

SCAN TO SIGN UP FOR A WHOLESALE ACCOUNT!







EXHIBITORS BY BUILDING

1 SUITES @ MARKET SQUARE (SAMS)

GROUND FLOOR

- Eastern Accents | G1000
- Tommy Mitchell | G3000
- Reprotique | G6044

SALON

- Ro Sham Beaux | G6021
- Windy O'Connor Art & Home | G6032
- Couture Lamps | G7010
- Ngala Trading | G7015, G7020

MEZZANINE

- S Glenda Gies Designs | M3025
- Coley Home | M5003

ANTIQUE & DESIGN CENTER

- Sandy Luther Antiques | G47, G48
- Whitehall Antiques | G54
- DeLoach | G55
- Lucky Fish Gallery | G56-57

29 MARKET SQUARE

- Hudson Valley Lighting | M70, 90, 97, 99
- Dovetail Furniture | 142, 240, 243
- Unique Loom | 190
- Stanton Gray Wall Coverings | 200
- Fabricut | 217
- Thibaut | 260
- Shoppe Object | Floor 3
- 2 COMMERCE & DESIGN
 - Arteriors | 1A, 1B, 1G Floor 1
 - Visual Comfort | 2A, 2G Floor 2
 - Jaipur Living | 4B, 4N, 4P Floor 4
- 3 NORTH ELM

RED EGG

• 415 W High Ave

IHFC MAIN

Currey & Co | M110 - Floor 1

Norwalk | M108 - Floor 1

5 IHFC

INTERHALL

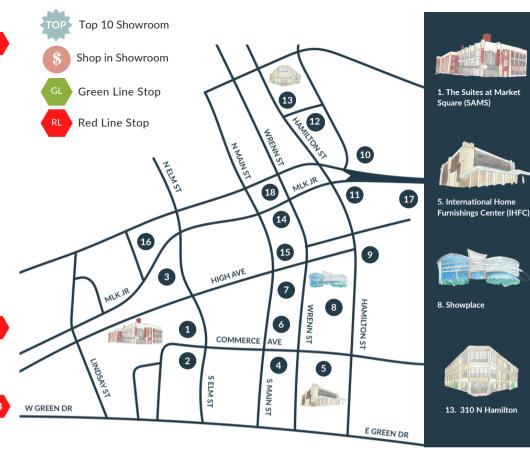
- Noir | IH002
- Regina Andrew Design | IH006
- Ross Alan Lumber | IH110
- York Wallcoverings | IH303
- Pooky Lighting | IH409
- etuHOME | IH410

FLOOR 2

- Global Views | D213, D220
- Accent Decor | D201, D202, D246

FLOOR 3

- Leftbank Art | H304
- Howard Elliott | H324
- JDouglas | D319
- Loloi Rugs | D320
- Oliver Gal Artist Co | C365
- 6 THE POINT
 - Commerce Ave S Main to Wrenn
- 7 PHILLIPS COLLECTION
 - 135 S Main St
- 8 SHOWPLACE
 - Rowe Furniture | 1100 Floor 1
 - Hooker Furnishings & Bobo Intriguing Objects | Floor 3
 - Surya | 4100 Floor 4
 - Four Hands | 4101 Floor 4
- 9 UNIVERSAL 101 S Hamilton 15
- 10 200 STEELE
 - Nashville Rug Gallery | 111
 - Kravet | 117
 - Highland House | 121
 - John-Richard | 223
 - Woodbridge Furniture | 301
 - InsideOut Performance Fabrics | 313



18

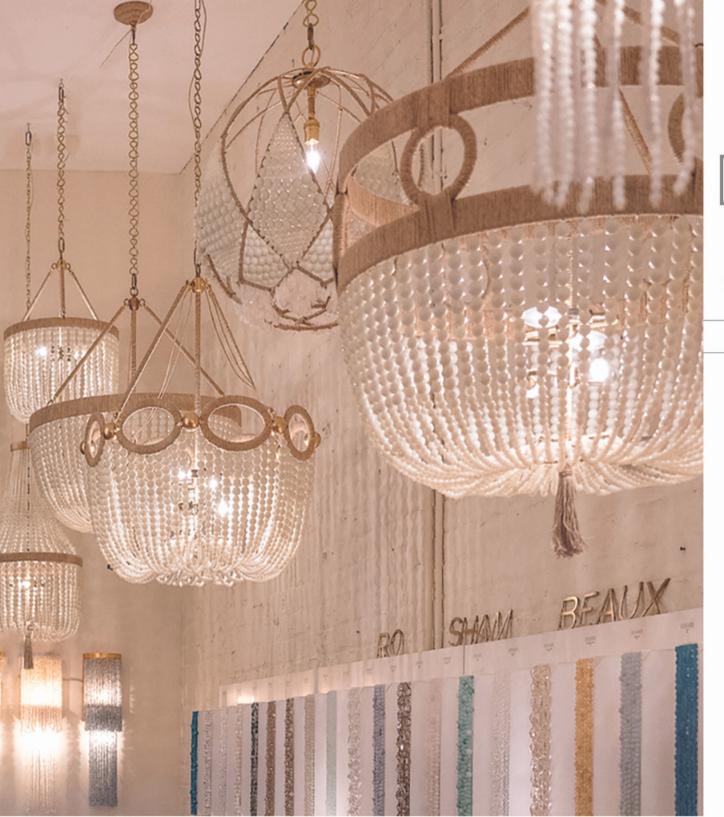
18

11 CARACOLE • 122 N Hamilton 16

12 200 N HAMILTON

- Wildwood | N Ct 125, 104 Floor 1
- Fairfield Chair | N Ct 100 Floor 1
- Chelsea House | S Ct 104 Floor 1
- 13 310 N HAMILTON
 - Wesley Hall | Hamilton Ct S-106
 - CR Laine | Hamilton Ct S-204
 - Ambella Home | Hamilton Ct S-110
 SHERRILL | 315 Fred Alexander Pl
 - Feizy Rugs | 309 N Hamilton
 - MaterialWorks | 311 N Hamilton
 - Gabby | 333 N Hamilton

- 14 JULIAN CHICHESTER 118 E MLK JR
- 15 RO SHAM BEAUX 122 N Main
- 16 DESIGN LEGACY 126 Virginia Pl
- ODETTE 100 N Centennial
- 18 MADE GOODS 203 N Wrenn
- 19 COHAB.SPACE 1547 W English
- 20 214 MODERN VINTAGE 314 W Russell
- 21 CHELSEA ON GREEN 515 W Green
- VERELLEN 515 S Hamilton



RO SHAM BEAUX

VISIT OUR TWO LOCATIONS: SUITES AT MARKET SQUARE - SALON G-6021 RO SHAM BEAUX SHOWROOM - 122 N. MAIN STREET

HPMKT SPRING 2024 // SHOWROOM EVENTS

COLLABORATION LAUNCH PARTY!

Mabley Handler x Ro Sham Beaux

Friday, April 12 04:00 PM-07:00 PM

PANEL DISCUSSION

Demystifying the Collaborative Process

Sunday, April 14 11:00 AM-01:00 PM

www.Ro-Sham-Beaux.com

revolution

You're invited to our special event:

BRUNCH & LEARN

Along with food, drinks, and giveaways, attendees will discover how Revolution Performance Fabrics has set a new standard within the textile industry, through the engineering of durable, PFAS chemical-free, stain-resistant fabric made 100% in the USA.

APRIL

MONDAY 15

11 AM- 1 PM

312 S. Hamilton St. - 3rd Floor Suite 301 Centennial Wrenn South

Please RSVP here:





THE Top Ten Tips from Market Gurus!



KEIA MCSWAIN

@keiamcswain



Suites at Market Square has become my one stop shop. I live by packing a pair of fashionable and comfy sneakers.

JANA PLATINA PHIPPS

@trimqueen



My rule is to be in bed by 11pm and I bring my Advil PM to ensure I get a great night's sleep to rock my market days to the max!

KIMBERLEY SELDON

@kimberleyseldon



With some advanced planning you can use your time at HPMKT to produce billable hours. Be prepared to work by having scaled plans and a detailed Furnishing Schedule for every client/project.

STACY GARCIA

@stacygarciainc



Don't even try to see it all — HPMKT can be extremely overwhelming! Go with a plan. Pick out key showrooms you want to see, but also leave time to explore. This is the perfect place to uncover gems you didn't even know existed.

STACY KUNSTEL

@dunesandduchess



Be open to serendipity. Some of the best times I've had at HP were somewhere I hadn't planned on being. There's delicious free food almost everywhere — but pace yourself on the drinks. Pounding water all day will make you feel a lot better than prosecco.

CELERIE KEMBLE

@celerie



Backpack not purse. Sneakers not flats. Dry shampoo.

TRACI ZELLER

@tracizeller



Use the shuttle! I'm a walker, but if you don't hop on the shuttle at least occasionally, you will regret it - no matter what kind of shoes you are wearing. I also stay in downtown High Point — which means I book my hotel early. There's so much less travel time, and time is more important than almost anything else when you are at Market.

SHAYLA COPAS

@shaylacopas



I save time by using an app called Trello. I have a card on my Trello listed as High Point Market and I add each showroom I want to see for my Market trip on the app. While in each showroom we take photos of our favorite products and add to the app so that we can keep all of our fabulous finds organized.

DON RICARDO MASSENBURG

@designinkredible



Download the My Market app. It has all of the events and exhibitor information, and tells you where the exhibitors are located. It allows you to create a schedule, and it tells you which shuttle to hop on to get there! The My Market app changed my experience at High Point Market.

ERIKA WARD

@mrserikaward



Save time at Market by planning 80% of your trip, devoting it to appointments. Leave the other 20% of your time to discover new showrooms and spend time talking to artists/designers if they happen to be there. Save money on food by noshing in the showrooms!





The finest in home textiles. Chicago-crafted since 1989.



Visit our High Point Showroom SAMS G-1000

www.easternaccents.com 800.397.4556







DESIGN SHOWROOM Feat. Curated Pieces From 40 Vintage & Antique Dealers

CHELSEA

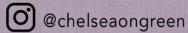
on greer

PREVIEW PARTY 4.9.24 5PM-9PM

OPENING DAY 4.10.24 10AM-7PM

HPMKT 4.11-4.17 9AM-7PM

515 W. Green Dr. High Point, NC info@chelseaongreen.com 336-942-0018





OPEN YEAR-ROUND Rest, recharge and enjoy a cocktail at the Chelsea Café Lounge - Open Daily!

THE Best Tip for a market first-timer?

We surveyed HPMKT veterans for their expert advice. Here are some tips from the industry's best!



BOBBY BERK





Don't try and see everything. Take some time before you go to familiarize yourself with some of the brands and showrooms that might be of interest — start there.

Photo by Max Montgomery/Courtesy of Bobby Berk

NICOLE ARNOLD

@na interiors dallas



Plan your schedule based on geography and building locations so you don't waste valuable time zig-zagging around the area.

RASHEEDA GRAY

@grayspaceinteriors



In addition to visiting showrooms, I would recommend attendees to attend panels and discussions.

Continuous learning is essential for success and Market has some of the best in the industry.

ALLISON HANDLER

@allisonhandlerdesign



Plan to spend 1-2 days checking out all the brands you definitely want to see (destination spots), but make sure you keep a day or so open to explore new brands! For me, that's the best part of Market.

SARAH HAYDEN

@haydenhomestudio



I suggest letting the events be your road map. Plan on attending an event in the morning and afternoon. Arrive about an hour before (or reserve an hour after) and explore the building. You'll see a number of showrooms — give yourself a couple of hours each day to sit, regroup, and make notes.

MARIE MATTHEWS

@mariematthewsinteriors



As a first-time market attendee, it can be wildly overwhelming to know where to go, when to go, and how to get there. Take advantage of the brilliant HPMKT app to sort your interests by day, time, and location for maximum efficiency.

WHAT'S THE One Thing YOU DON'T LEAVE HOME WITHOUT?



BOBBY BERK

A portable charger and a large tote in case you need to carry anything with you throughout the day.

@bobby



ANDI MORSE

A really good pair of comfortable walking shoes.

@morsedesign



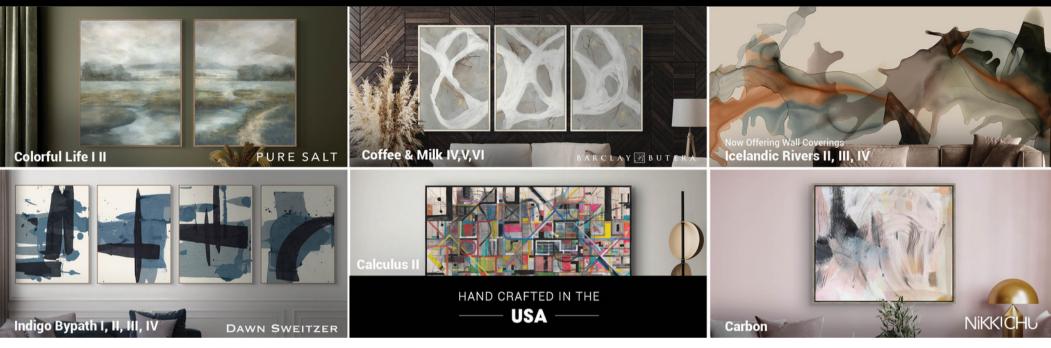
VIVID

Definitely our Market passes, phones, and phone charger.

@vivid_nc

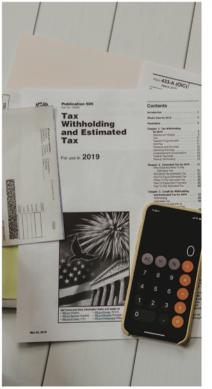
LeftbankArt

International Home Furnishings Center Space #H304











YOUR Favorite designer-friendly showrooms?

We surveyed HPMKT veterans for their expert advice. Here are some tips from the industry's best!



BOBBY BERK

@bobby



Leftbank for amazing art, Tempaper for wallcoverings, and Karastan for rugs.

Photo by Max Montgomery/Courtesy of Bobby Berk

ANDI MORSE

@morsedesign



I love **Four Hands, Rowe Furniture,** and **Noir/CFC.** They are all showrooms I use frequently. They also tend to have plenty of people on hand to help with my questions.

RASHEEDA GRAY

@grayspaceinteriors



Universal, Four Hands, and Surya

ALLISON HANDLER

@allisonhandlerdesign



Vanguard is amazing - they have an entire wall of samples for the taking! I love Made Goods, but make an appointment! Aside from the gorgeous furniture at Gabby, they have an amazing outdoor space to chill in and rest those tired feet, with a rosé bar!

VIVID INTERIORS

@vivid nc



Highland House always does a fantastic job with their showroom — top notch. **214 Modern Vintage** for their vintage and one-of-a-kind pieces and **Verellen** makes our hearts go pitter-patter! They are part of High Point by Design (HPXD), a community of vendors that give designers access to their showrooms outside of Market.

MARIE MATTHEWS

@mariematthewsinteriors



My top 3 showrooms are **Made Goods** for case goods (make an appointment), **Visual Comfort** for all the pretty lighting a girl could want, and **Kravet** for a fabulous assortment of fabrics and wallpapers!

MARKET TIPS

Cell phone signal at High Point Market SUCKS — bring a fully

Speaking of Instagram - be sure to post all your amazing finds when cell service allows. The official Market hashtag is #hpmkt and be sure to tag us too at #coolgirlsguidehpmkt

charged backup battery (or two!). When your phone dies by 11 am

from trying to Instagram all your fabulous finds, you will thank me!



Try to attend at least 2 social and 2 educational events while you're at Market – both are important! Market is fantastic for networking and meeting other designers as well as developing relationships with vendors. It's like a very expensive conference but IT'S FREE!

Make sure to snag a <u>Beauty Bar</u> Appointment at Universal's Designer Lounge — it's just the refresh you need to head out to happy hour!



IF YOU ONLY HAD One or Two days at MARKET, WHERE WOULD YOU SPEND YOUR TIME?



BOBBY BERK

@bobby



The IHFC building has so many great vendors in there so starting there would be a great way to begin day 1 and then you can explore from there.

Photo by Max Montgomery/Courtesy of Bobby Berk

NICOLE ARNOLD

@na interiors dallas



I would absolutely visit the showrooms that I needed to sit test and/or see qualities not possible to assess online.

BDI BDIUSA.COM Check your Profile Design Center | D-724 IHFC Building

SARAH HAYDEN

@haydenhomestudio



I would head to Market Square and Hamilton Wrenn, and choose some strategic events.

MARIE MATTHEWS

@mariematthewsinteriors



I would split my time between 30% at the Antique & Design Center (early bird gets the goods), 55% at the showrooms that get me the biggest bang for the buck (one upholstery, one case goods and accessories, and one lighting vendor), and 15% at an educational event that will help me further my business strategy.

The Lucky 7 STARTER KIT

These seven vendors offer no minimum on product purchases, ranging from accessories to wallpaper!

ASIAN LOFT | 443 S Main

FEIZY RUGS | 309 N Hamilton

HUDSON VALLEY | Market Square

YORK | IHFC - IH303

UNIVERSAL | 101 S Hamilton **REVOLUTION** | 312 S Hamilton

LUCKY FISH GALLERY | Antique & Design Center



ZOE BIOS CREATIVE

HIGH POINT FURNITURE MARKET

APRIL 10 - 17

1012 W. CENTER MARKET DRIVE, HIGH POINT, NC 27260

RON ROYALS STUDIO P. 310.270.6141

JANE DAGMI

DESIGN SUMMIT

> APRIL 10

6PM

how much of Market do you spend sourcing versus networking, attending events & exploring?



BOBBY BERK

@bobby



I try to find an even balance, with about half my time sourcing and the other half attending events, networking, and exploring.

Photo by Max Montgomery/Courtesy of Bobby Berk

NICOLE ARNOLD

@na_interiors_dallas



Mostly I spend my time doing general sourcing for current or future projects, gaining inspiration, looking for new resources, fortifying my relationships with reps, and then I attend a few events if I have time.

RASHEEDA GRAY

@grayspaceinteriors



I would say it's 50/50. All of those things are equally important. It also depends on my company's goals for the year. There are so many opportunities to take your business to the next level by attending HPMKT.

VIVID INTERIORS

@vivid nc



Exploring, attending events, and networking the first few days of Market — we save the last two days to actually bring clients with us. We are very transparent on our mark ups with our clients, and we limit them to 3-4 showrooms; otherwise it can be overwhelming.

HOW TO SAVE Time or Money AT MARKET?

We surveyed HPMKT veterans for their expert advice. Here are some tips from the industry's best!



BOBBY BERK

@bobby



Time can get away from you when you are in some of the showrooms. Go in with a purpose and take LOTS of pictures so that you can continue moving. If you are new to a brand, try to get a feel for their overall quality, craftsmanship and materials vs specific pieces which you can look into later.

Photo by Max Montgomery/Courtesy of Bobby Berk

ANDI MORSE

@morsedesign



I try to grab lunch at either a showroom or a food truck. The food trucks don't take up much time from seeing everything and they tend to be less expensive than a restaurant. The showroom meals are free.

MARIE MATTHEWS

@mariematthewsinteriors



Be strategic in attending business growth sessions. The first dozen times I attended Market I was unaware of the plethora of opportunities — so many speakers that I would pay thousands of dollars to hear speak — free at HPMKT! There is a wealth of knowledge and strategic connections to be had by listening & learning.

ALLISON HANDLER

@allisonhandlerdesign



I am sharing a hotel room with my girlfriend, and we plan to take the shuttle there and back! It is definitely the most convenient.

SARAH HAYDEN

@haydenhomestudio



Eat at your favorite showrooms! Map out your days, being intentional about where to go, so you don't wander and waste time. Use the app to mark favorite vendors. When we get back, we know these are the ones we want to set up accounts with.

VIVID INTERIORS

@vivid_nc



We save time by mapping out the areas that we want to do each day and we save money by eating lunch and grabbing cocktails from our favorite vendors!

TRANSPORTATION TIPS

Once you're at Market, you can walk most places, but you can also take the Red and Green Shuttles.

If the place you are going to is not one of the shuttle stops, call the GO-Anywhere shuttle & it will come to pick you up. Sometimes there's a bit of a wait though.

FREE GO-Anywhere service - Pick up at the Transportation Terminal or call 336.887.RIDE (7433) Parking is FREE and there is a FREE shuttle service into downtown. (This is different from the Red and Green Shuttles that take you to the showrooms.)

P1 NORTH - OAK HOLLOW MALL

GPS Address: 921 Eastchester Drive, High Point, NC 27262 HOURS OF OPERATION
Friday, Apr 12 -- Tuesday, Apr 16 | 6:30 am - 10 pm
Wednesday, Apr 17 | 6:30 am - 6 pm

P2 SOUTH - W. MARKET CENTER DR. AREA

GPS Address: 490 West Market Center Drive, High Point, NC 27260 HOURS OF OPERATION
Thursday, Apr 11 -- Tuesday, Apr 16 | 6:30 am - 10 pm
Wednesday, Apr 17 | 6:30 am - 6 pm



how do you manage your Physical & Mental Health while at market?



BOBBY BERK

@bobby



After a long day, I make sure to get lots of rest, and try to get in a quick workout in the mornings to get me energized for the day. I also love stepping outside in one of the courtyard areas and grabbing a large iced coffee and a little fresh air half way through the day.

Photo by Max Montgomery/Courtesy of Bobby Berk

NICOLE ARNOLD

@na interiors dallas



Manage health by having a schedule to avoid frantic decisions on where to go and possibly running out of time. Physically, I take an Advil at bedtime each night to help sore muscles.

RASHEEDA GRAY

@grayspaceinteriors



I typically go to sleep at a reasonable time on most nights at Market. Walking 20,000 steps a day and maximizing your time at Market can be exhausting and you have to allow your body time to recover.

ALLISON HANDLER

@allisonhandlerdesign



Coffee! And Rosé! Make sure you take breaks. Sit down, enjoy the weather, do some fun people watching.

VIVID INTERIORS

@vivid_nc



Market is so much fun, but can be overwhelming and sometimes overstimulating. We tend to slow down toward the end of Market, and roll in a bit later than we do earlier in the week. We get our steps in for sure, so we make sure to wear cute, comfy shoes!

MARIE MATTHEWS

@mariematthewsinteriors



The way I best manage my physical/mental health is with plenty of sleep, a thought out plan, Advil, Band-Aids, and a small umbrella. It inevitably rains at least once every Market!

RETAIL THERAPY



REGINA ANDREW | JEWELRY & ACCESSORIES @ IHFC IH006

GLENDA GIES DESIGNS | BAGS @ SAMS M3025

PHILLIP ALLEN HEFNER COLLECTION | JEWELRY @ SAMS G-6040

SHOPPE OBJECT @ MS Floor 3

FRANKIE DAVIDSON LIGHTING & ACCENTS | JEWELRY @ MS 138

REST & RECHARGE

Universal **DESIGNER'S LOUNGE**

2ND FLOOR SUN LOUNGE 200 Steele

Four Hands **OUTDOOR TERRACE**

Gabby COURTYARD

WHAT IS YOUR Favorite Place TO GRAB LUNCH?

We surveyed HPMKT veterans for their expert advice. Here are some tips from the industry's best!



BOBBY BERK

@bobby



A lot of the larger showrooms have food available at their showrooms during lunch hours so try to plan your visit to some of those showrooms during lunch and you can snack or eat during your visit.

Photo by Max Montgomery/Courtesy of Bobby Berk

VIVID INTERIORS

@vivid_nc



Curry and Co has a great lunch, Schwung has a great ambience, and the lobster food truck if it's in town!

MARIE MATTHEWS

@mariematthewsinteriors



My favorite place to grab lunch at Market is the Greek joint in the Antique & Design Center or I love to plan my visits to the big vendors with yummy lunches at just the right time. If you attend an educational session at Universal, they put out a great spread!

SARAH HAYDEN

@haydenhomestudio



I always enjoy visiting the showrooms that offer lunch. Norwalk offers a great spread as does Kravet, Universal, and Jaipur - especially if you are vegan!

DAILY MEALS

MORNING MIMOSAS & MACARONS

Century [200 Steele] • 8-11

DAILY DELIGHTS: ESPRESSO & DONUTS

Sarreid [C&D F3] • 9-7

COMPLIMENTARY BREAKFAST

Shoppe Object [Market Square F3] • 9-10

BISCUIT BAR & BUBBLY | SAT

Antique & Design Center • 10-11

SUNDAY BRUNCH | SUN

Antique & Design Center • 11-1

"SOUPER" SUNDAY | SUN

Sarreid [C&D F3] • 11:30-1:30

HAPPY HOUR

DAILY HAPPY HOUR

Sarreid [C&D F3] • 2-7

CHELSEA CAFE LOUNGE

Chelsea on Green • 10-7

HAPPY HOUR

Antique & Design Center • 3-6

EVENING LIBATIONS

Century [200 Steele] • 4-6

DAILY HAPPY HOUR

Shoppe Object [Market Square F3] • 4-6

SNEAKY COFFEE SPOTS

LOLOI

IHFC D320

LOBBY

200 Steele

SHOPPE OBJECT (\$)

Market Square F3

SALON (\$)

Suites at Market Square

SCAN THIS CODE TO VIEW MORE DINING OPTIONS!



WHAT'S YOUR SECRET TO Planning Outfits WHILE AT MARKET? GO-TO SHOES? A FAVORITE BAG?



BOBBY BERK

@bobby



I always make sure to bring a suit and lots of neutral pants and button-up shirts that I can mix and match for panels and events, but if you are just going to source then wear something that is comfortable for you all day long. I like Veja sneakers, which are stylish and super comfy, and a backpack for hands-free storage.

Photo by Max Montgomery/Courtesy of Bobby Berk

ANDI MORSE

@morsedesign



Depending on the year I take jeans and nice cotton shirts layered with sweaters for the cooler season. They pack well and are easy to grab and go. I also throw in a nicer silk top to put on with my jeans if I need to dress myself up for a nighttime event. Comfortable shoes and a lightweight bag are also must-haves.

RASHEEDA GRAY

@grayspaceinteriors



Lightweight, layered and comfortable... but always chic.

ALLISON HANDLER

@allisonhandlerdesign



As the queen of inappropriate shoe choices, I make sure I'm good for Market. I bring some cute designer sneakers and Chanel flats. Both serve me well during the day! Crossbody bags are probably the best.

NICOLE ARNOLD

@na interiors dallas



Dress in layers so you can peel one and put one on as the temperatures change within showrooms and outside. I carry a modest-sized crossbody bag so my hands can stay free while I carry essentials like my phone, a backup battery or charging cord and money.

MARIF MATTHEWS

@mariematthewsinteriors



My secret to planning outfits to Market is comfortable, cute dresses and well broken in tennis shoes! Nothing too tight, nothing brand new and untried. Either bring a tote style shoulder bag or a small crossbody and grab a free tote at C&D Building. You'll definitely need a tote!

DON'T FORGET YOUR

- BACKPACK
- PHONE CHARGER
- UMBRELLA
- BUSINESS CARDS
- SNEAKERS
- SMALL NOTEBOOK

FOLLOW US ON INSTAGRAM!

for updates throughout Market @coolgirlsguidehpmkt

OFFICIAL HASHTAGS:

#hpmkt #coolgirlsguidehpmkt



Vintage Vibes social

Start your High Point Market with a **BANG**

FRIDAY, APRIL 12TH, 3PM-6PM

Discover soulful & extraordinary finds, neighborhood by neighborhood, via a dedicated shuttle.

DETAILS

VINTAGE SHOPPING TIPS

Shop early — one-of-a-kind items don't last long! Some showrooms even have preview events before Market.

CAN'T CARRY IT WITH YOU?

Arrange shipping at Antique & Design Center.

Some vendors may be ready to strike a deal at the end of Market! Many vendors also sell online at Chairish and 1st Dibs — **grab their cards so you can contact them at off Market times**.

ANTIQUE, VINTAGE Conne-of-a-kind HIGH POINT MARKET SOUTH MARKET CENTER DRIVE AREA PARK & RIDE P2

Need Help

SOURCING VINTAGE ITEMS FOR A CLIENT?



MARISA WILSON

@marisawilsoninteriors

Listed Alphabetically:

214 MODERN VINTAGE
ANTIQUE & DESIGN CENTER
BLUE OCEAN TRADERS
BOXWOOD ANTIQUE MALL

CHELSEA ON GREEN COHAB.SPACE

GOLDEN OLDIES

13 TEXTURE

LAVENE ANTIQUES
 PRB COLLECTION

COLLECTED BY SCHWUNG

12. RANDALL TYSINGER ANTIQUES

Contact Marisa about her vintage buying service!

MARISA@MARISAWILSONINTERIORS.COM MARISAWILSONINTERIORS.COM

